

The pH Factor—A REAL Silent Killer (Alkalize or Die!)

Lyle Loughry -- March 2010

The most recent medical research continues to affirm what numerous renown researchers, scientists and Nobel Prize winners have known for over seventy five years: contrary to what modern medicine and billion dollar drug companies would have you believe, germs, viruses, high cholesterol, elevated blood pressure and sugar levels, hormonal imbalance, bad genes or aging are not to blame for the common health issues that beset most people. Whether you call it over-acidity, acid-overload, or acidosis, it amounts to too much tissue-acid waste in your body, and it's the "REAL silent killer." Here's what they discovered:

Dr. George W. Crile (1864-1943), the father of physiologic surgery, formally recognized as the first surgeon to have succeeded in a direct blood transfusion, and co-founder of the world-famous Cleveland Clinic, stated: "There is no such thing as natural death. All deaths from so-called natural causes are merely the endpoint of progressive acid saturation.

Noted German scientist and microbiologist, Dr. Gunther Ederline (1872-1968), discovered that "disease cannot survive in an alkaline state", and "total healing only takes place when and if the blood is restored to a normal, slightly alkaline pH."

The work of double Nobel Prize winner, Otto Warburg (1883-1970), showed that cancer was associated with anaerobic (deficiency of oxygen) conditions resulting from fermentation, and a drop in the pH of the cell.

Renowned heart specialist and Nobel Prize nominee, Dr. Berthold Kern (1911-1995), was the first to discover that heart infarct (tissue death due to a local lack of oxygen) is caused by metabolic acidosis (over-acidity), and is nothing but a "gigantic acid catastrophe." Dr. Kern's remedy was the restoration of pH balance to the heart muscle.

More recently, Dr. Theodore Baroody, N.D., D.C., Ph.D., author of the 1991 book, *Alkalize or Die*, warns: "The countless names of illnesses do not really matter. What does matter is that they all come from the same root cause . . . too much tissue acid waste in the body."

The *Journal of Longevity* states: "Poor health is caused by toxic (acid) overload because everything is out of whack and cannot function properly."

Dr. Arthur C. Guyton, M.D., in his book, "The Textbook on Medical Physiology", states, "All chronic pain, suffering, and diseases are caused by a lack of oxygen (excess acidity at the cell level)."

Dr. Stephen Levine, renowned Molecular Biologist and Geneticist Author, in his work, "Oxygen Deficiency: A Concomitant to all Degenerative Illness", states "In all serious disease states we find a concomitant low oxygen state. . .low oxygen in the body tissues is a sure indicator for disease. . .Hypoxia, or lack of oxygen in the tissues, is the fundamental cause for all degenerative disease."

Typically, physicians have long since stopped addressing these indicators of how healthy we

really are, so it's important that you find out where you stand.

Medical experts agree that there is almost a 100% certainty that anyone living in the Western World is likely to be over-acidic. You are most certainly acidic if you consume mostly a typical, Western-style diet of acid-forming foods: red meats, cheeses, pasta, refined sugar, fast foods, starches, artificial sweeteners, and drink alcohol, coffee, tap water, tea, or sodas, take any prescription drugs, most of the over-the-counter drugs, and many well-known vitamin supplements, or are under stress. Just by breathing, eating, and plain old living, day-in and day-out, over and over, chemicals and toxic substances are piling up inside our cells and fluids. The result is, we prematurely age, and become fertile breeding grounds for bacteria, viruses, parasites, and every manner of disease-causing microorganisms. You get the picture, right?

It is also widely accepted that the body fluids of healthy people are alkaline (high pH) whereas the body fluids of unhealthy people are acidic (low pH). Over-acidity = death, catabolic (low energy, body wears down, and finally breaks down). Alkalinity = life, anabolic (high energy, body can rebuild, repair and restore itself). Every sick person is over-acidic, and that's a fact!

Specifically, an acidic balance will decrease the body's ability to absorb minerals and other nutrients, decrease the energy production in the cells, decrease it's ability to repair damaged cells, decrease it's ability to detoxify heavy metals, make tumor cells thrive, and make the body more susceptible to fatigue and illness. Regardless what modality one uses to address their health challenge, it's not going to be successful until the pH imbalance is addressed. Only a properly balanced body can fight disease effectively!

If it is true that healthy human cells have a lot of molecular oxygen, resulting in a slightly alkaline pH, and traditional medicine has long since stopped addressing this indicator of how healthy we really are, then don't you think it's pretty important that you find out just where you stand?

This particular issue may well be THE most important challenge to your health and longevity you will ever encounter. Please don't dismiss the significance of this information. This letter clearly and accurately makes the case for alkalizing your body. We make a FREE pH Testing Kit available upon request. It will tell you the truth about how healthy you REALLY are. To be perfectly honest, if you don't address this pH issue, you will never be as healthy as you can be!

If you haven't already, I also encourage you to consider the article, Our Toxic World, in this section of the website. You will also find detailed articles on the Nutritional Supplement section, and recorded conference calls in the Recorded Interviews section discussing products like MetabO2, Alligin and Beyond Greens, some of the very effective, all-natural supplements that can assist in restoring and maintaining an alkaline pH in your body. For more information contact the person who provided you with this information.